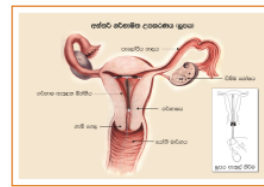


# **GUIDELINES TO SERVICE PROVIDERS ON THE USE OF FLASH CARDS FOR FAMILY PLANNING COUNSELLING**



These flash cards are prepared as an attractive user friendly booklet.



- The main objective of the Flash Cards is to use it as a guide while providing family planning services and to allow the client to have an informed independent choice.
- Using the family planning method of choice will enable the client to have a longer healthier reproductive life.
- Relevant samples of family planning material should be with the service provider (OCP Packet, IUD, DMPA vial, Implant and a condom) and showing them during counseling will provide more success in helping couples to make a choice.

## **Flash Cards could be used to give advice for the following groups**

01. Sexually active, fertile couples/persons married or living in union
02. Fertile women who want to postpone, space or limit pregnancy
03. Post natal women (Six weeks after delivery)
04. Clients visiting the following clinics
  - a. Ante natal
  - b. Post natal
  - c. Family planning
  - d. Well woman